



WESTCHESTER MEADOW'S CULTURAL ARTS SCHEDULE – FEBRUARY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>February</h1>			<p>1</p> <p>OUTING: 11:30 Lunch at City Limits, New City 36th Annual Miniature, Dollhouse, & Art Exhibition at Historical Society of Rockland County (12-4pm \$3pp.. no steps!)</p> <p>9:30 Total Body Workout –</p> <p>10:30 Stretch&Strength V</p> <p>3:00 BINGO, 2 Boards \$1.00</p> <p>3:30 Bits & Bytes – L</p> <p>7:30 Duplicate Bridge –C</p> <p>7:30 Movie</p>	<p>2 GROUND HOG DAY</p> <p>6-9 Lap Swim</p> <p>9:30 Deep Water Workout PL</p> <p>10:00 Exercise Video V</p> <p>10:30 Water workout w/Carolyn PL</p> <p>12-12:45 Chair Yoga w. Dr. Barber Suri– V</p> <p>1:30 Yiddish club - L</p> <p>4:30 wine social – C</p> <p>7:30 ENTERTAINMENT: BOBBIE LIGGIO (914-698-6928)</p> <p>\$175 brings own sound system</p> <p>Council meeting 3:00 p.m.</p>	<p>3</p> <p>6-9 Lap Swim</p> <p>10:00 Wet Work Out</p> <p>10:00 Tai Chi – V</p> <p>*12:45 Bus Run 1 & Valhalla Post Office</p> <p>5:00 Shabbat – L</p> <p>7:30 - Music Lecture Alma - Mozart V</p>	<p>4</p> <p>8:30 Temple – Kol Ami</p> <p>10:00 Exercise Video</p> <p>10:00 Bus Run 1</p> <p>2:00 Bus Run 2</p> <p>2:30 Movie</p> <p>7:30 Movie</p>
<p>5 SUPER BOWL</p> <p>10:00 Exercise Video – V</p> <p>2:30 Movie – V</p> <p>7:30 Movie –v</p> <p>1:30 OUTING: Empire City Casino at Yonkers Raceway. Try your luck on the slots, roulette or craps or just watch! Food Court for snacks. No Charge</p>	<p>6</p> <p>6-9 Lap Swim</p> <p>9:30 Total Body Workout F</p> <p>10:30 Stretch&Strength V</p> <p>11:15 Helping Eyes</p> <p>*12:45 Shopping: Port Chester – Khol, Al Friedman, Nine West outlet, etc.</p> <p>1:30 What's in a Word – L</p> <p>1-4 Mahjong – CR</p> <p>4:30 Wine Social - C</p> <p>7:30 POLITICAL DISCUSSION W. JEWEL BELLUSH</p>	<p>7</p> <p>6-9 Lap Swim</p> <p>9:15-9:45 Early Bird Pool – PL</p> <p>10:00 Water Workout PL</p> <p>10:00 Exercise Video – V</p> <p>11:15 Helping Eyes – P</p> <p>2:00 DIANE TRAVERS</p> <p>3:30 Bus to Greenburgh Library</p> <p>3:30 support group 1 – CR</p> <p>7:30 Poker – CR</p>	<p>8</p> <p>1:00 OUTING: Katonah Museum Docent Tour “Art to the Point: Tri-State Juried Exhibition. “ \$6.00</p> <p>9:30 Total Body Workout –</p> <p>10:30 Stretch&Strength V</p> <p>3:00 Rev. Maria Scaros Mercado Discussion</p> <p>7:30 Duplicate Bridge –C</p> <p>7:30 Movie</p>	<p>9</p> <p>6-9 Lap Swim</p> <p>9:30 Deep Water Workout PL</p> <p>10:00 Exercise Video V</p> <p>10:30 Water workout w/Carolyn</p> <p>12-12:45 Chair Yoga w. Dr. Barber Suri– V</p> <p>1:15 conversation w. Rabbi Kenter</p> <p>4:30 wine Social – C</p> <p>7:30 MUSICAL LECTURE/ PERFORMANCE: LU GMOSE</p>	<p>10</p> <p>6-9 Lap Swim</p> <p>10:00 Wet Work Out</p> <p>10:00 Tai Chi – V</p> <p>*12:45 Bus Run</p> <p>5:00 Shabbat – L</p> <p>7:30 Movie –</p>	<p>11</p> <p>8:30 Temple – Kol Ami</p> <p>10:00 Exercise Video</p> <p>10:00 Bus Run 1</p> <p>1:45 Bus Run 2</p> <p>2:30 Movie</p> <p>7:30 Movie</p>
<p>12</p> <p>10:00 Exercise Video – V</p> <p>2:30 Movie - V</p> <p>7:30 Movie–</p> <p>1:15 OUTING: Mt. Pleasant Public Library, Pleasantville Join mezzo-soprano Phyllis Fay Farmer and pianist Emily Olin for a recital of romantic art songs by Purcell, Haydn, Sait-Saens, Beach, Rimsky-Korsakov, Glinka, and Ippolitov-Ivanov.</p>	<p>13</p> <p>6-9 Lap Swim</p> <p>9:30 Total Body Workout F</p> <p>10:30 Stretch&Strength V</p> <p>11:15 Helping Eyes</p> <p>*12:45 Shopping: Trader Joe/Marshalls</p> <p>1:30 What's in a word</p> <p>1-4 Mahjong – CR</p> <p>4:30 Wine Social –C</p> <p>7:30 Movie – V</p>	<p>14 VALENTINE DAY </p> <p>6-9 Lap Swim</p> <p>9:15-9:45 Early Bird Pool – PL</p> <p>10:00 Water Workout PL</p> <p>10:00 Exercise Video – V</p> <p>11:15 Helping Eyes – P</p> <p>3:30 Bus to Greenburgh Library</p> <p>3:30 support group 3 – CR</p> <p>4:30 Valentine Wine Social Chris from Lee Gross Entertainment</p> <p>7:30 Poker – CR</p> <p>WCC VALENTINE MOVIE & REFRESHMENTS????</p>	<p>15</p> <p>11:45 OUTING: FLUTIST PAMELA SKLAR AND HARPISST ALYSSA REIT OFFER A PROGRAM OF PERSONAL FAVORITES IN THE MAGNIFICENT ACOUSTICS OF GRACE EPISCOPAL CHURCH.</p> <p>9:30 Total Body Workout –</p> <p>10:30 Stretch&Strength V</p> <p>3:30 Bits & Bytes - CR</p> <p>7:30 Duplicate Bridge –C</p> <p>7:30 Movie</p>	<p>16</p> <p>6-9 Lap Swim</p> <p>9:30 Deep Water Workout PL</p> <p>10:00 Exercise Video V</p> <p>10:30 Water workout w/Carolyn PL</p> <p>12-12:45 Chair Yoga w. Dr. Barber Suri– V</p> <p>1:30 Yiddish club – L</p> <p>4:30 Birthday Party & Wine Social – C</p> <p>7:30 GAME NIGHT</p>	<p>17</p> <p>6-9 Lap Swim</p> <p>10:00 Wet Work Out</p> <p>10:00 Tai Chi – V</p> <p>11:00 Book Club - L</p> <p>*12:45 Bus Run 1 & Valhalla Post Office</p> <p>5:00 Shabbat – L</p> <p>7:30 Movie – V</p>	<p>18</p> <p>8:30 Temple – Kol Ami</p> <p>10:00 Exercise Video</p> <p>10:00 Bus Run 1</p> <p>1:45 Bus Run 2</p> <p>2:30 Movie</p> <p>7:30 Movie</p> <p>11:15 opera at city Center WP</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>19 10:00 Exercise Video – V 2:30 Movie - V 7:30 Movie–</p> <p>OUTING: No Paul today</p>	<p>20 PRESIDENTS DAY OFFICE CLOSED</p>  <p>6-9 Lap Swim 9:30 Total Body Workout F *resident led 10:30 Exercise video - V 11:15 Helping Eyes 2:30 Movie: Wag The Dog 4:30-5:30 Residents Social 7:30 Movie – V – J. Edgar if available on DVD or All the Presidents Men</p>	<p>21 Fat Tuesday 6-9 Lap Swim 9:15-9:45 Early Bird Pool – PL 10:00 Water Workout PL 10:00 Exercise Video – V 11:15 Helping Eyes – P 2:00 DIANE TRAVERS</p> <p>3:30 Bus to Greenburgh Library 3:30 support group 1 – CR 4:30 Mardi Gras Wine Social – lee gross entertainment 7:30 Poker – CR</p> 	<p>22 Ash Wednesday</p> <p>OUTING: Matinee Movie</p> <p>9:30 Total Body Workout – 10:30 Stretch&Strength V 3:30 Support Group 2 – CR 7:30 Duplicate Bridge –C 7:30 Movie</p> <p>*check w. Maria Mercado about ashes being given out by father Joe</p>	<p>23</p> <p>6-9 Lap Swim 9:30 Deep Water Workout PL 10:00 Exercise Video V 10:30 Water workout w/Carolyn PL 12-12:45 Chair Yoga w. Dr. Barber Suri– V 1:15 Conversation w. Rabbi Kenter 4:30 Wine Social – C 7:30 LIVE ENTERTAINMENT: JOHNNY DARE</p>	<p>24</p> <p>6-9 Lap Swim 10:00 Wet Work Out 10:00 Tai Chi – V *12:45 Bus Run 1 5:00 Shabbat – L 7:30 Movie - V</p>	<p>25 8:30 Temple – Kol Ami 10:00 Exercise Video 10:00 Bus Run 1 1:45 Bus Run 2 2:30 Movie 7:30 Movie</p>
<p>26 10:00 Exercise Video – V 2:30 Movie - V 7:30 Movie–</p> <p>OUTING: 'War & Peace: Israel And Palestine In Ancient Times And Today' @ Chappaqua library Or Pleasantville chamber society present Baroque Orchestra of Maine (3pm) donations</p>	<p>27 6-9 Lap Swim 9:30 Total Body Workout F 10:30 Stretch&Strength V 11:15 Helping Eyes 12:30 SIGN UP SHEETS OUT *12:45 Shopping: Macy's – White Plains 1:30 What's in a word 1-4 Mahjong – CR 4:30 Wine Social – C 7:30 Movie -V</p>	<p>28 6-9 Lap Swim 9:15-9:45 Early Bird Pool – PL 9:30 PIANO TUNED BY GUY HAMILTON FOR NEXT WEEK PROGRAM 10:00 Water Workout PL 10:00 Exercise Video - V 11:15 Helping Eyes – P 3:30 Bus to Greenburgh Library 3:30 support group 3 – CR 7:30 Poker – CR</p>	<p>29 10:30 OUTING: Metropolitan Museum of Art. Enjoy the newly opened Islamic Art Display, or take in one of many exhibits. \$17 suggested admission</p> <p>9:30 Total Body Workout – 10:30 Stretch&Strength V 3:30 Susan Kronish Support Group 2 – Card Room 7:30 Duplicate Bridge –C 7:30 Movie</p>	<p>ROOM LOCATION KEY: A-Art Studio BC- Brookfield Conference Room C – Café CR – Card Room DR – Dining Room EH – Enriched Housing @ FS - Fieldstone F- Fitness Spa FC-Fieldstone Conference Room FS - Fieldstone L – Library LB – Meet in Lobby P – Parlor</p>	<p>ROOM LOCATION KEY: PL – Pool PZ – Outside Plaza TBD – location to be determined V – Victorian Hall WCC – Westchester Community college</p> <p>* required sign up \$ cost involved</p>	